



Fun Run or Walk

SATURDAY, JULY 9TH

**1 MILE WALK AROUND
SUNSET RIDGE OR 5K RUN
FROM SUNSET RIDGE
TO THREE RIVERS TRAIL AND BACK**

**1M
WALK
or
5K
RUN**

**SUNSET RIDGE
to THREE RIVERS TRAIL**

\$20
per person

**T-SHIRT INCLUDED
IF REGISTERED
BY JUNE 24TH**

**REGISTRATION
8:00 AM AT SUNSET RIDGE
PARK SHELTER
WALK / RUN
TO START
APPROX. 8:15 AM**

Scan QR Code To
*register
online*



\$2 Additional Fee to Sign Up Online

Proceeds will go to the flooring for the Rolfe Community Center • Sponsored by Rolfe Hometown Pride

Mail Registration Form to: Wendy Panbecker, 28111 510th St., Pocahontas, IA 50574

Must received by June 24th to receive your t-shirt. Same-day registrations are accepted but t-shirt will not be guaranteed.

<u>NAME</u>	<u>AGE</u>
Circle Activity	1 MILE WALK 5K RUN/WALK

T-SHIRT SIZE: S M L XL 2XL 3XL
Circle Size. Adult Size Shirts only.

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EMAIL

PHONE

REGISTRATION FEE: \$20 PER PERSON

TOTAL ENCLOSED

Make checks payable to: Rolfe Hometown Pride. Please write additional names/activity/t-shirt sizes on back if needed.

QUESTIONS: Contact Wendy @ wpanbecker@ncn.net or 515-338-0488